

# Garrett County

## Demographics & Social Determinants of Health (2005-2009)

	Garrett County	Maryland		Garrett County	Maryland
<b>Population</b>			<b>Household Income</b>		
Total	29,631	5,637,418	% Earning \$0-\$24,999	26.9	15.3
Female	14,972	2,907,051	% Earning \$25,000-\$39,999	18.1	11.9
Male	14,659	2,730,367	% Earning \$40,000-\$59,999	21.4	16.1
<b>% Race/Ethnicity:</b>			% Earning \$60,000-\$74,999	9.9	10.4
White	98.1	60.9	% Earning \$75,000+	23.7	46.2
African American	0.5	28.8	Median Household Income	\$43,802	\$69,475
Asian	0.0	4.9	% Living in Poverty	12.8	8.0
Native American	0.2	0.3	<b>Educational Attainment</b>		
Pacific Islander	0.0	0.1	% with High School Education	84.2	87.5
2+ Races	1.0	2.0	% with Bachelor's Degree	10.6	19.6
Other	0.2	3.0			
Hispanic	0.6	6.6			
<b>% of Population Aged:</b>					
0 - 4	5.3	6.7			
5 - 9	5.8	6.4			
10 - 14	6.8	6.8			
15 - 17	4.4	4.3			
18 - 24	8.3	9.4			
25 - 44	24.4	28.1			
45 - 64	29.0	26.6			
65+	16.5	11.8			
<b>Households</b>					
Total	12,806	2,092,538			
% Families with Children	46.4	57.5			



Garrett County, Maryland



These county profiles were developed for Maryland and its local jurisdictions. The profiles give a picture of Maryland, focusing on social, demographic, and environmental factors that are thought to be important determinants of health. When looking at the data, some things to consider are the direction of change, the speed of change, and the size of the measure.

[Click here for more information about the data and measures.](#)

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# Garrett County

## Major Health Indicators (2008)<sup>a</sup>

	Garrett County	Maryland
<b>Overall Health</b>		
Life Expectancy at Birth	77.9	78.1
% With Activity Limitations	22.5	20.5
% With Fair or Poor Health	14.8	12.5
% Experiencing Unhealthy Days	18.4	22.2
All Cause Mortality **	789.1	780.8
<b>Maternal/Child Health</b>		
Infant Mortality Rate *	NA	6.5
% Low Birth Weight (Singleton)	4.7	4.9
% Low Birth Weight (All)	6.5	6.7
% Very Low Birth Weight (Singleton)	NA	1.0
% Very Low Birth Weight (All)	NA	1.3
% Pre-Term Births	7.6	9.5
Teen Birth Rate *	NA	25.9
% Mothers Smoking During Pregnancy	14.1	6.2
% Mothers with Late or No Prenatal Care	1.8	4.2
<b>Communicable Disease</b>		
Tuberculosis Incidence **	3.4	4.9
Chlamydia Rate **	50.9	437.9
Gonorrhea Rate **	10.2	118.3
Rate of HIV/AIDS Cases **	0.0	46.6
Number of HIV Deaths	1	431
Number of Septicemia Deaths	3	988

<sup>a</sup> 2008 Data was used whenever available. Please refer to metadata for additional information.

\* Rate per 1,000 Births

\*\* Rate per 100,000 Residents

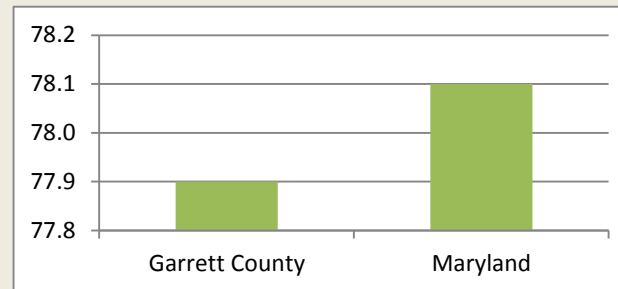


Fig. 1 Life Expectancy at Birth

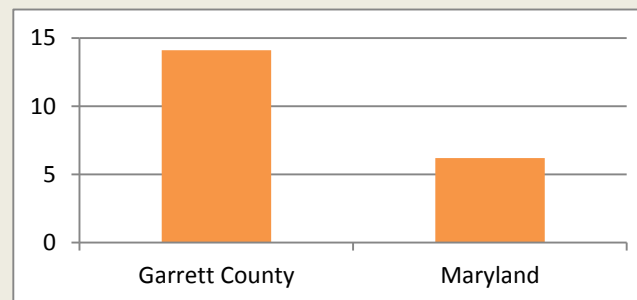


Fig. 2 Percent of Mothers Smoking During their Pregnancies



These are some of the most basic measures of health across the state. Many of these are also included in

[Maryland's State Health Improvement Process \(SHIP\)](#)

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# Garrett County

## Health Outcomes/Risk Factors (2008)<sup>a</sup>

	Garrett County	Maryland
<b>Mental Health</b>		
Number of Suicide Deaths	0	493
% with Anxiety Disorders	10.7	12.6
<b>Substance Abuse</b>		
Number of Alcohol-Induced Deaths	3	407
% Binge Drinkers	11.3	13.8
<b>Environmental Health</b>		
% Children Tested for Presence of Blood Lead	19.4	22.4
% Children With Lead Poisoning	0.4	0.7
<b>Health Insurance</b>		
% Without Health Insurance (Adults)	NA	NA
% Without Health Insurance (Children)	NA	NA
<b>Unmet Medical Need</b>		
% in Last Year that Could Not Afford to See a Doctor	12.7	10.4
<b>Oral Health</b>		
% That did not see a Dentist in the Last Year	35.8	28.6

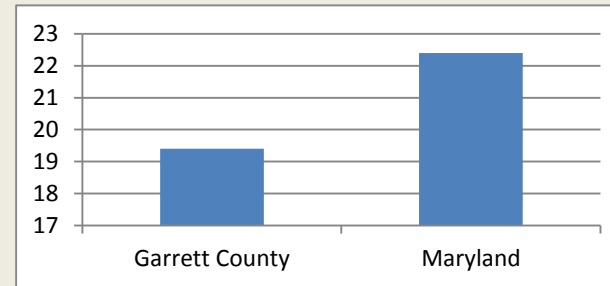


Fig. 3: Percent of children tested for elevated blood lead levels

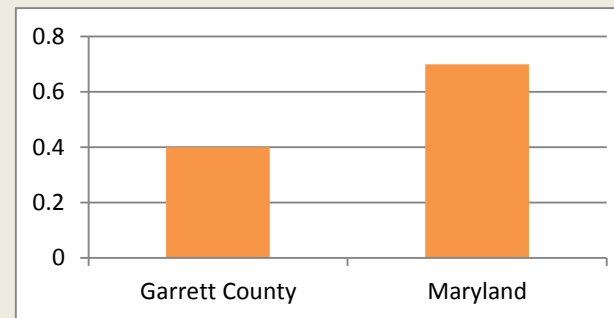


Fig. 4: Percent of tested children with elevated blood lead levels



These represent some important determinants of health, including mental health, substance abuse, and access to health services. Many of these are part of the [State Health Improvement Process \(SHIP\)](#)

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\*\* Rate per 100,000 Residents

# Garrett County

## Risk Factors (2008)<sup>a</sup>

	Garrett County	Maryland
<b>Unhealthy Weight</b>		
% Overweight (Adults)	35.6	36.7
% Obese (Adults)	25.6	26.7
% Overweight (School-Age)	NA	17.7
% Obese (School-Age)	NA	22.3
<b>Smokers</b>		
% Adults that Smoke	18.0	14.9
% Middle Schoolers that Smoke	10.9	5.2
% High Schoolers that Smoke	6.4	7.0
<b>Injury and Violence</b>		
Number of Homicide Deaths	3	528
Number of Aggravated Assaults	62	20,571
Rate of Motor Vehicle Injury Hospitalizations **	90.9	109.8
Number of Motor Vehicle Deaths	9	643
Injury-Related ER Visits **	14,405	9,135
Injury-Related Hospitalizations **	1,168	1,068
Injury-Related Deaths **	70.7	63.0
<b>Physical Inactivity and Built Environment</b>		
% Adults Not Meeting CDC Recommendation for Activity	58.9	64.4
% With No Physical Activity	30.0	24.0
Access to Recreational Facilities **	13	12
% With Access to Healthy Foods	33.0	62.0

<sup>a</sup> 2008 Data was used whenever available. Please refer to metadata for additional information.

\*\* Rate per 100,000 Residents

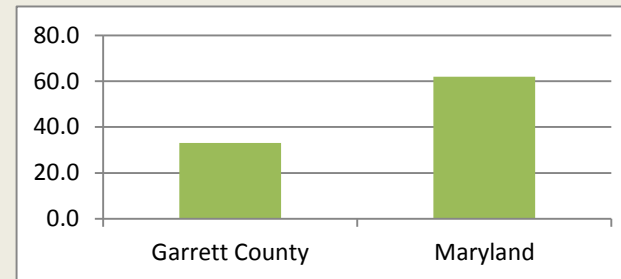


Fig. 5: Percent of population with access to healthy foods

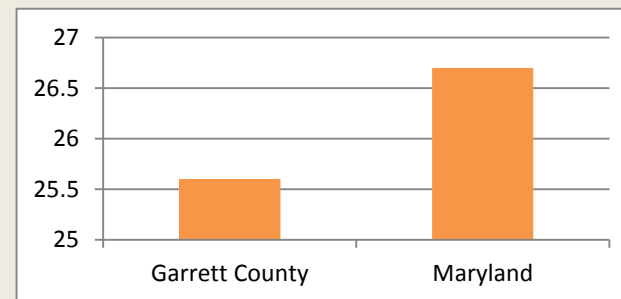


Fig. 6: Percent of adults that are obese



The indicators on this page might be thought of as related in some ways to the built environment. While other factors such as personal behaviors must also be considered, there are relationships between the built environment and some important health outcomes.

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# Garrett County

## Health Outcomes (2008)<sup>a</sup>

	Garrett County	Maryland
<b>Built Environment, cont.</b>		
<i>Percent Who Get to Work By:</i>		
Single Occupancy Vehicle	74.7	73.2
Active Transport (Walking, Biking)	4.0	2.8
Public Transportation	0.2	8.7
<b>Chronic Disease</b>		
Number of Colorectal Cancer Deaths	10	964
Number of Breast Cancer Deaths	7	840
Number of Heart Disease Deaths	75	11,217
Number of Stroke Deaths	21	2,250
% with Diabetes	10.0	8.7
Diabetes Deaths **	NA	22.4
% Children with Asthma	10.0	14.3
Number of Childhood Asthma Hospitalizations	6	1,318
% Adults with Asthma	10.7	14.3
Number of Adult Asthma Hospitalizations	24	3,746
<b>Cancer Screening</b>		
% Adult Women that have Received a Mammogram	62.5	64.2
% Testing for Colorectal Cancer in Past 2 Years	18.6	25.0

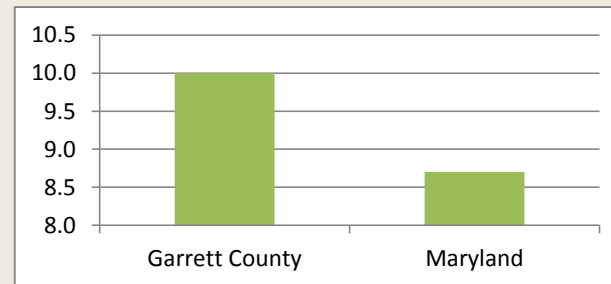


Fig. 7: Percent with Diabetes

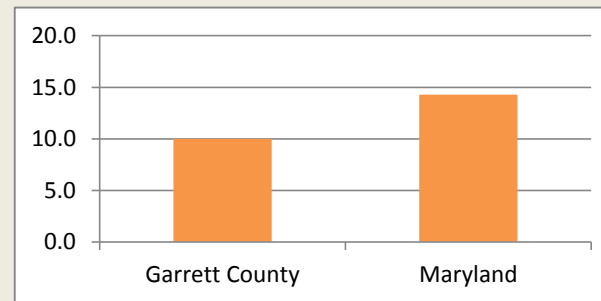


Fig. 8: Percent of children with asthma

<sup>a</sup> 2008 Data was used whenever available. Please refer to metadata for additional information.

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\*\* Rate per 100,000 Residents



Prevention and reduction of chronic diseases requires a combination of approaches, including improvements in screening, changes in personal behaviors, and changes in environmental conditions.

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# Garrett County

## Physical and Environmental Determinants (2008)<sup>a</sup>

	Garrett County	Maryland
<b>Immunizations</b>		
Average % of Kindergarten Students Immunized	100.0	99.3
% Adults Receiving Flu Shots	36.7	38.5
% Adults Receiving Pneumonia Shots	23.5	24.7
<b>Environmental Exposure</b>		
Ozone Days	1	16
Particulate Matter Days	0	4
Water Quality- Arsenic †	10.9	NA
Water Quality- Nitrates ‡	NA	NA
Water Quality- Trihalomethane †	NA	NA
Water Quality- Haloecetic Acids †	NA	NA

<sup>a</sup> 2008 Data was used whenever available. Please refer to metadata for additional information.

† Parts per Billion

‡ Parts per Million



Some connections between the environment and health are well known, such as that between asthma and air pollution. However, air pollution has also been shown to affect overall death rates. Data and information collected by public health agencies is being used by researchers to increase our understanding of these complicated relationships and design cost-effective prevention strategies.

Funding for this county indicators project was made possible by cooperative agreement award 5U38EH000194-05 from the Centers for Disease Control and Prevention to the Maryland Department of Health and Mental Hygiene. The computed indicators and interpretation of the various measures do not necessarily reflect the official policies of the CDC or the Department of Health and Human Services, nor does any reference to trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

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